## Connect Group notes - You're invited to the table

## **Getting started**

What are some of your favourite things about Christmas? What are some of your frustrations with Christmas?

## Getting stuck in

Sunday we looked at the power of the table as a cure for loneliness

- What is it about eating together around a table that can be so life giving?
- When you consider who's likely to be around your table this Christmas how does that impact you?

• When you consider you have an invitation to sit at Gods table how does that make you feel? Read the story we looked at Sunday - 2 Samuel chapter 9

- What strikes you from this story?
- If you were MEPHIBOSHETH how would you describe the range of emotions you experienced?
- What should be the implications for all of us because of this story and the truth it points to?

## Getting personal and practical

- What could it mean for you this season to pull up your seat at Gods table?
- Who are you inviting to a Christmas event this year?
- How can we each help others in our community this Christmas?

Remind people of all that's coming up....

Remind people of the 'stuff the sleigh' project, you can volunteer and you can donate to the foodbank to help fill the tables of others!

Finish by praying for the group, the church, the community especially over this Christmas season